

		Pronunciation	of Chinese Words	
Consonants	Pinyin	WadeGiles	Pronunciation	Example:
	•			Pinyin(WadeGiles)
Aspirated:	p	p'	<i>p</i> in	Pao (P'ao)
•	t	ť,	<i>t</i> ip	Tao (T'ao)
	k	k'	<i>k</i> ilt	Kuan (K'uan)
	ch	ch'	chin, church	Chi (Ch'i)
	q	ch'	cheek	Qi (Ch'i)
	c	ts'	bits	Cang (Ts'ang)
Un-	b	p	bin	Bao (Pao)
aspirated:	d	t	<i>d</i> ip	Dao (Tao)
•	g	k	gilt	Guan (Kuan)
	r	j	wren	Ren (Jen)
	sh	sh	<i>sh</i> ore	Shang (Shang)
	si	szu		Si (Szu)
	X	hs or sh	shoe	Xu (Hsu)
	Z	ts or tz	bids	Zang (Tsang)
	zh	ch	gin	Zhong (Chong)
	zh	j	<i>j</i> eep	Zhong (Jong)
	zi	tzu	Joop	Zi (Tzu)
Vowels -	a	a	father	21 (124)
usually Italian	e	e	eight	
values	eh	eh	broth <i>er</i>	
values	yi	i	machine, pin	Yi (I)
	i	ih	sh <i>ir</i> t	Zhi (Chih)
	•	0	soap	Ziii (Ciiiii)
		u	goose	
		ü	<i>ü</i> ber	
Dipthongs		ai	light	
Dipthongs		ao	loud	
		ei	weight	
		ia	Will <i>ia</i> m	
		ieh	Korea	
		ou	group	
		ua	swan	
		ueh	do <i>er</i>	
		ui	sway	Hui (Hui)
		uo	Whoah!	Tiui (Tiui)
Combinations	ian	ien	Whoan.	Tian (Tien)
Combinations	ui	wei	Weigh	Shui (Shwei)
	uı	an and ang	bun and bung	Shur (Shwer)
		en and eng	wooden and among	
		in and ing		
	ona	_	sin and sing	Tong (T'ung)
	ong	un and ung	u as in look	Tong (T'ung)
	you	yu		

Watts, Alan; Tao The Watercourse Way, Pelican Books, 1976 <a href="http://acc6.its.brooklyn.cuny.edu/~phalsall/texts/chinlng1.html">http://acc6.its.brooklyn.cuny.edu/~phalsall/texts/chinlng1.html</a>

# **Tones**

		_	
1	2	3	4
ā	á	ă	à
ē	é	ĕ	Èè
Īī	í	ĭ	ì
ō	ó	ŏ	ò
ū	ú	ŭ	ù

Pinyin (Wade Giles)	Meaning
Ai	
Bā (Pa)	Eight, see Numbers
Bái (Pai)	White, plain, unadorned
Băi (Pai)	One hundred, see Numbers
Bāo	Envelop
Bāo (Pao)	Uterus, afterbirth
<u>B</u> ē <u>i</u>	Sad, Sorrow, melancholy
<u>Bĕn</u>	Root, origin (Biao and Ben) see Biao
Bi	
Bi (bei)	
Bian	
<u>Biāo</u>	Tip, dart, javelin, (Biao and Ben) see Ben
Bin	
Bin	
Bing	
Bu	
Bu	
Can	
Cang	
<u>Cáng (Ts'ang)</u>	Hidden, concealed (see Zang)
Cháng	Intestine
<u>Chōng (Ch'ung)</u>	Surging
<u>Ch</u> ōng (Ch'ung)	Rushing
Chóu	Worry
<u>Cóng</u>	Follow, accord with
<u>D</u> ă <u>n (Tan)</u>	Niche or shrine
<u>D</u> ă <u>n</u> (Tan)	Gall Bladder
<u>Dān (Tan)</u>	Red Cinnabar
<u>D</u> à <u>o (Tao)</u>	The Way
<u>Dì (Ti)</u>	The Earth, i.e. as in <u>Three Powers</u> : Heaven, Human and Earth
È <u>r</u>	Two

Fèi	Lungs		
Fēi	Opposing, not		
Fēng	Wind, custom, practice, fame		
Fēng	Seal a letter, confer a title upon		
Fu	Mound, abundant		
Fú	Head of a spirit		
Fŭ	Bowels, entrails, internal organs		
Gān	Liver		
Gāo	Ointment, paste		
Gŭ (Ku)	Skeleton, Bone		
Guān (Kuan)	Frontier pass, close relation, to shut, as a gate, to bar,		
Guăn [Wan]	Internal cavity of stomach, Oesophagus		
Guāng	Bladder See Pang Guang		
Guĭ	Ghost		
Hé	Combine, unite, join together		
Hēi	Black		
Hù	Door, family, household		
Huáng	Yellow		
Huāng	"heart pit", vital nerve, the very heart, marrow		
Huì	Meeting		
Hún	Soul, spirit		
Hùo	Region, Territory – see Yu		
<u>Нйо</u>	Fire, flame, burn, anger, rage, see Five Phases		
<u>Jī</u>	Machine, crucial point, Mechanism		
<u>Jī Ròu</u>	Flesh		
<u>Ji</u> ā <u>ng</u>	Thick fluid, starch, broth		
Jiao (Chiao)	Hole in the earth, cellar,		
	Note: is replaced by <u>Liao</u> in Nei Jing		
Jiāo (Chiao)	To join, to deliver up, to communicate, to copulate, to trade,		
	intercourse, friendship.		
Jiāo (Chiao)	Burned, scorched, anxious, vexed		
<u>Jīn (Chin)</u>	Gold, metals in general, money, see <u>Five Phases</u>		
Ji Rou	Flesh		
<u>Jīn (Chin)</u>	Ferry, saliva, ford, sweat, damp		
<u>Jīn</u>	Sinew		
<u>J</u> ĭ <u>ng (Ching)</u>	Well		
Jīng (Ching)	Essence, semen, spirit		
Jīng (Ching)	Classic works, pass through, warp (of a fabric)		
<u>Jīng (Ching)</u>	Start, alarm, surprise, fright		
<u>Jiu</u>	Nine, incomplete, see <u>Numbers</u>		
<u>Jué</u>	Rise abruptly, afflux		
<u>Jué</u>	Faint, lose consciousness, fall into a coma		
Kè	Restrain, overcome, subdue		

Kòng (Kung)	Fear,	
Ku	Storehouse	
<u>Lè</u>	Joy	
<u>Lĭ</u>	Hamlet, one third of a mile	
<u>Lián</u> (Lien)	Narrow, to draw together, to collect, Pure, modest; angle, corner, ridge; investigate, examine	
Liáng	Beam	
<u>Li</u> á <u>o</u>	Seam, joint articulation	
<u>Líng</u>	Spirit, soul, spiritual world	
<u>L</u> ì <u>u</u>	Six, see Numbers	
<u>Lù</u>	Consider, ponder, think over, concern, anxiety, worry	
<u>Lùo (Lo)</u>	Enmesh, wrap around, mesh, net	
Mài (Mo)	Blood vessels, veins, arteries, pulse	
Mén	Gate, door, entrance, opening	
Míng	Bright	
Ming	Life	
Mù	Raise, collect, enlist	
Mù	Tree, wood, lumber, wooden as in Five Phases	
Nì	Counter,	
Nù	Anger,	
Pāng (Pang)	Bladder see Guang	
Pí	Spleen	
<u>Pò</u> (P'o)	Vigor, body, dark part of moon	
Qī	Seven, see Numbers	
Qì (Ch'i)	Air, gas, steam, vapor, spirit	
Qiān	One Thousand, very many, numerous, see Numbers	
Qíng	Feelings, affection, sentiment, favour, kindness, situation, condition	
Qīng	Blue, Green (cyan) color of living things black, glossy	
Qū (Ch'u)	Bend of a river etc.	
Què (Ch'ueh)	Watchtower, gate with watchtowers	
Rén (Jen)	Human, person, people, see Three Powers	
Rì (Jih)	The sun, days.	
Ròu	Flesh, pulp, flesh of fruit [Radical]	
<u>Rŭ</u>	Breast	
Sān	Three	
Shen	Kidney, testicle	
Shén	Spirit, god, supernatural being	
Shēn	Body, trunk, hull, self	
<u>Shēng</u>	Give birth to, produce, bear	
Shí	Ten, complete, see Numbers	
Shí	Full, Replete	
Shū (Yu)	Shu (Yu) transport	
Shuĭ	Water, liquid, lotion, juice, see <u>Five Phases</u>	
Shùn	Downstream/Flow	
SIIUII	DOMINICALITY TOW	

Sì (Szu)	Four
Sī (Szu)	Think
Sŭi	Marrow
Tao (T'ao)	
Tiān (Tien)	Sky, heaven, god, celestial, see <u>The Three Powers</u>
<u>Tíng</u> (Ting)	Hall, courtyard
Tŭ (T'u)	Soil, earth, items made of earth see <u>Five Phases</u>
Wán	Completion
<u>Wàn</u>	Flesh that bends, wrist
<u>Wàn</u>	Ten Thousand, Buddha's Heart, see Numbers
Wèi	Stomach
Wú	Negative, no, lack
<u>Wŭ</u>	Five
Xĭ (Hsi)	Elation, pleasure
Xī (Hsi)	Cleft of a joint or crevice
<u>Xīn</u>	Heart, mind, intelligence, soul
<u>Xū</u>	Vacant, Empty (Xu and Shi) See Shi
<u>Xuè</u>	Acupuncture point
Xuè (Hsueh)	Blood
<u>Yáng</u>	Male principle, light, sun, see <u>Two Emblems</u>
Yè Yì	Fluid, humour, juice, sap.
Yī	
<u>Yī (I <sup>1</sup>)</u>	One, see <u>Numbers</u>
<u>Yì (I)</u>	Intent, remember, reflect upon, memory
<u>Y</u> ĭ <u>(I)</u>	Oneness, second heavenly stem
<u>Yîn</u>	Seal
<u>Yĭn</u>	Female principle, dark, secret, see <u>Two Emblems</u>
<u>Y</u> ī <u>ng</u>	Breast
Yōu (Yu1)	Worry, Anxiety, Grief, Sadness
<u>Yù</u>	Elegance, cultured
<u>Yuán</u>	First, dollar, origin, head
<u>Yuán</u>	Source, origin, beginning
Yuè (Yueh)	Moon, month
Zàng (Tsang)	Internal organs, viscera
<u>Zh</u> āng	Chapter
<u>Zhì</u>	Intelligence, wisdom
Zhì (Chi)	Purpose, will, determination, ambition
Zhōng (Chong)	Centre, middle, in, among, between two extremes, medium, China,
<u>Zhū</u>	Red, vermillion, cinnabar
Zōng (Tsung)	Lineage, ancestor, ancestry, clan

# Numbers

<u>Yī (I)</u>	One, unity	
	Note: in acupuncture point names Yi – second heavenly stem is	
	substituted	
È <u>r</u>	Two, the number of Earth	
<u>Sān</u>	Three, three powers	
<u>Sì</u>	Four, all around	
<u>Wŭ</u>	Five, a perfect number	
<u>Lìu</u>	Six	
<u>Qī</u>	Seven	
<u>Bā</u>	Eight	
Jĭu	Nine, incomplete	
<u>Shí</u>	Ten, perfect	
<u>Băi</u>	One hundred, the whole, numerous, all	
Qiān	One thousand, very, many, numerous	
Wàn (Wan4)	Ten Thousand, Myriad, Buddha's Heart	

# Two Emblems

<u>Yin</u>	Female principle, dark secret
Yang	Male principle, light, sun

# San Sai The Three Powers

Tian (Tien)	Heaven, Sky, heaven, god, celestial
Ren (Jen)	(Hu)man(ity), Human, person, people
Di (Ti)	The Earth, soil, ground, region

# **Wu Hsing - Five Phases/Elements**

<u>Mù</u>	Tree, wood, lumber, wooden
<u>Нйо</u>	Fire, flame, burn, anger, rage
Tŭ (T'u)	Soil, earth, items made of earth
<u>Jīn</u>	Gold, metals in general, money
<u>Shuĭ</u>	Water, liquid, lotion, juice

# **Five Shu points**

Jing (Ching)	Jing-Well
Ying (Ying)	Ying-Spring
Shū (Yu)	Shu-Stream
Jīng (Ching)	Jing-River
He (Ho)	He-Sea

# **Ba Gua Eight Diagrams**

D': (TT ')	Г 1	TT T 1 /57
<u>Dùi (Tui)</u>	Exchange, convert	The Joyous, Lake/Vapour

# **Ten Heavenly Stems**

<u>Yĭ (l)</u>	Sprouting,	Second Heavenly Stem
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# 5 and 7 Emotions

Five Phase			Five Zhi	Seven Qing
Wood - Liver	<u>Nù</u>	Liver	Anger	Anger
Fire - Heart	<u>Xĭ</u>	Heart	Elation	Pleasure, elation
	<u>Lè</u>	Heart		Joy
				-not listed as one of the Seven Qing but
				linked to Xi Elation in Chapter 8 of the
				Su Wen.
	<u>Jing</u>	Heart		Shock, Fright
Earth - Spleen	<u>Si</u>	Spleen	Thought	Over-thinking, obsessive thinking
	You	Spleen	Worry/Concern	Sorrow/Grief, oppression
Metal - Lung	<u>Bei</u>	Lung	Sorrow	Sadness, sorrow, negativity
Water –	Kong	Kidney	Fear	Fear
Kidney				

# **Other Emotions**

Earth	Lù	Simplified - Consider, ponder, think over, anxiety, concern, worry		
	Chóu	worry		
Water	Zhì	Wisdom, intelligence, wit		

Concepts

<b>X</b> 7	т ,	CI.	E II
Xu	Empty	Shi	Full
Biao	Branch	Ben	Root
	Interior		Exterior
Ni	Flow	Cang	Counter-flow

# **Individual Characters**

Bā - Eight

Bā	Л	516B	Eight, Division,
	<b>/</b> (		Comment: Similar to symbol of the broken lines in Ma
			Wang Dui I Ching.

# Băi - White

Bái	白	767D	White, pure, unblemished, bright		
GB.10 <b>Fu Bai</b> Fl	oating Wh	nite			
GB.14 Yang Bai	Yang Wh	nite			
Lu.4 <b>Xia Bai</b> Gu	Lu.4 Xia Bai Guarding White				
St.2 Si Bai Four	Whites				
SP.1 <b>Yin Bai</b> Hid	dden Whit	e			
SP.3 <b>Tai</b> Bai Sup	oreme Wh	ite			

# Băi - One hundred

Băi	百	767E	One hundred, the whole, numerous, all
GV.20 <b>Bai Hui</b> C	GV.20 <b>Bai Hui</b> One Hundred Meetings		

# Bāo - Envelop

Bāo	包	5305	Wrap, surround, encircle, embryo
Point Names: Without the flesh	radical. C	an refer t	to the Bladder or the Uterus but is less specific than Bao
below.			-

Li.9 **Yin Bao** Yin Wrapping

# Bāo - Uterus

Rou	肉	8089	flesh Radical 130		
Bāo	包	5305	Wrap, surround, encircle, embryo		
Bāo	胞	80DE	Uterus, afterbirth		
Point Names:					
Bl.48(53) <b>Bao H</b> u	iang Uteri	is and Vi	tals		

# Bēi - Sorrow/Grief

Xīn		心	5FC3	Heart, mind, intelligence, soul See Xin
+	Fei	非		Wrong, evil doing, opposing, not, no, un
=	Bēi	悲	60B2	Sad, sorrowful, melancholy

Comment: Similar to You – Grief, but has element of negativity, and suppression.

# Běn - Root

Ben	本	672C	Root or stem of a plant, origin or basis
Medi	cine:	concep	ot of primary cause or manifestation of disease. See Biao

#### Biāo - Branch

Biāo	標	6A19	A dart-like weapon, javelin				
Medic	Medicine: concept of secondary, manifestations of illness. See Ben.						

Cáng - Storehouse

Cáng	藏	85CF	Hide, conceal, hoard, store up
Zàng	Same	same	Storing place, depository, Buddhist, or Taoist scriptures.

## Medicine:

Cang appears in Chapter 8 of the Su Wen as the generic term for the 12 Officials or Organs. With the addition of the flesh radical it becomes Zang, the term for the yin organs. See Zang.

#### Point Names

Ki.25 **Shen Cang** Spirit Storehouse

**Cháng - Intestine** 

Ròu		肉	8089	Flesh, Radical 130 When combined can resemble 月
	Yang	昜	661C	Phonetic: Sun appearing, like rays piercing clouds, bright.
	Chang	腸	8178	Intestine

Chong - Surging

Chōng	沖	6C96	Surge, soar, dash against, pour out, infuse, wander,
	71		disperse, weak, young, complacent, agreeable, empty

Chong 沖 and Chong 衝 are now two forms of the same word

# Medicine:

Chong Mai – Penetrating Vessel

Chong Qi – counterflow Qi

#### **Point Names:**

St.30 Qi Chong – Surging Qi - point on the Chong Mai

St.42 Chong Yang Surging (Rushing) Yang

Sp.12 Chong Men Surging (Rushing) Gate

He.9 **Shao Chong** Little Surging (Rushing)

Li.3 **Tai Chong** Supreme Surging (Rushing)

Chong - Thoroughfare

Chong India	Siliai						
Chōng	衝	885D	To rush against, to collide, to excite, to strike or dash				
			against, to carry away by water.				
Originaly means	Originaly meant a highway. See Chong above						
See Chong abov	ve .						
Bl.3 Mei Chong	g Eyebrows	Rushing	9				
SJ.1 Guan Cho	SJ.1 Guan Chong Rushing the Frontier Gate						
GB.9 Tian Cho	GB.9 <b>Tian Chong</b> Heavenly Rushing						
XB.9 <b>Zhong</b> Chong Rushing into the Middle							
LL 20 Chong V	ang						

#### Chóu - Worry

Xīn	心	5FC3	Heart, mind, intelligence, soul See Xin			
Chóu	愁		worry			

Cóng - Following

Cóng	從	5F9E	Follow, accord with, secondary
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<u>Medicine</u>: Counteracting and Following treatment seems to give translators more trouble. It could suggest "Attack" and "Support" "Tonification" and "Dispersion". Even Allopathic and Homeopathic! See Ni

## Dān - Cinnabar

Dān (Tan)	4E39	A pill, immortality, red cinnabar
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A red mineral represented by the dot, found in a mine or well (altered). An important symbol in Taoist alchemy.

# Medicine

Dan Tian is an important energy center in Chinese Medicine and Yoga. Corresponding to the Hara in Japanese.

## Point Names

CV.7 Dan Tian Cinnabar Field

CV.6 Dan Tian "

CV.5 Dan Tian "

CV.4 Dan Tian "

#### Dăn - Platform, dais

Rou		肉	8089	flesh Radical 130	
+	+	Mián	<b>–</b>	8A17	Roof

	+	Dàn	回	56DE	a double enclosure
	=	Lĭn	not available		granary
+	+		日	65E5	Sun
	+	Yi	_		One, horizon
	=		且	65E6	Overflowing
=	Dăi	n (Tan)	亶	4EB6	Sincere, real, true, truth
=	Dăi	n	膻	81BB	Niche or shrine [Lat. Atrium, central court]

# Medicine:

A name for the region in the center of the chest associated with the Xin Bao Luo. The inner meaning of a dais or altar could fit well with the images of other points in the chest areas associated with the emperor's palace.

# **Point Names:**

CV.17 **Dan Zhong** Platform Middle, **胸 Xiong** (**Hsiung**) **Tang** Chest Palace

-The two names appear to be interchanged in some modern texts as Xiong Zhong.

# Dăn - Gall Bladder

Rou	肉	8089	flesh Radical 130		
Zhān	詹	8A79	Courage, guts, bravery		
Dăn (Tan)	膽	81BD	Gall-bladder		
Bl.19 <b>Dan Shu</b> Gall Bladder Shu					

# Dào (Tao) - Path, The Way

+	+	Chì	1	5F73	Step with left foot, radical no 60
	+	Zhi	止	6B62	Stop, halt, desist
	=		廴	5EF4	Stride
+		Shou	首	9996	Head, first, leader, chief
=		Dào (Tao)	道	9053	Path, road, street, method, way Point Names
Poir	nt N	ames:			

He.7 Ling Dao Spirit Path	
GV.11 Shen Dao Spirit Path	
GV.13 <b>Tao Dao</b> Kiln Path	
CV.1 <b>Jing Dao</b> Jing Path	

# Dì – Earth, The Earth

,,						
Tŭ (T'u)		土	571F	Soil, earth, items made of earth See <u>Tu</u>		
+	Ye	也	4E5F	Phonetic – Ancient funnel or wash basin		
=	Dì (Ti)	地	5730	The Earth, soil, ground, region		

# Point Names:

SP.8 **Di Chi** Earth Motivator

St.4 Di Cang Earth Granary

GB.42 **Di Wu Hui** Earth Five Meetings – see St.9

# Dùi (Tui)

Dùi (Tui)	兌	514C	Exchange, convert		
Ba Gua: Dui The Joyous, Lake/Vapour					
Point Names St.45 Li Dui Hard Bargain					

# Èr – two

Èr	=	4E8C	Two, the number of Earth			
Point Names:						
LI.2 Er Jian Second 1	Interval – secon	d point on Ll	channel, see LI.3 San Jian			

# Fang - Office

St.14 <b>Ku Fang</b> Storehouse						
St. 14 Ku Fang Stor	CHOUSE					

# Fèi-Lungs

Rou		肉	8089	flesh Radical 130
+	Bei	市	5DFF	Dividing, multiplying
=	Fei	肺	80BA	Lungs
Bl.13 Fei Shu Lung Shu				

# Fēng - Wind

	Fán	凡	51E1	Everywhere
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+	Hui	虫	866B	Insects
=	Fēng	風	98A8	Wind, custom, practice, fame, fashion

Medicine: The spearhead of all disease, one of the Seven External Factors

### Point Names:

Mainly in upper body- Yang Channels

SI.12 Bing Feng Grasp the Wind

Bl.12 Feng Men Wind Gate

SJ.17 Yi Feng Wind Screen

GB.20 Feng Chi Wind Pond

GB.31 Feng Shi Wind Market

GV.16 Feng Fu Wind Palace

### Fēng - Seal

Tŭ (T	C'u)	土	571F	Soil, earth, items made of earth Radical #
	Zhī	之	4E4C	Plant rising from the ground. [used as object]
	Fēng	封	5C01	Seal a letter, confer a title

### Point Names

Ki.24 Shen Feng Spirit Seal

Notes: Compare with GV.24.5 Yin Tang Seal (Impression) Palace

### Fú – head of devil

Fú		由	7536	Head of a demon
		Щ		Radical #
	Hun	魂	9B42	Soul, spirit
		4)6		Point Name see Hun
	Po	魄	9B44	Vigor, body, dark part of moon
		I) (b)		Point Name see Po
	Gui (Kui)	鬼	9B3C	Ghost, demon, phantom
		<i>)</i> ₩		Point Names see <u>Gui</u>

Comment: not considered to be the radical of Shen 神 but there is a similarity that would make one wonder if a transposition has occured.

### Fŭ - Mansion

+	Fŭ	府	5E9C	Government office, building where official documents are consigned, official residence, your home, prefecture
				prefecture

When combined with flesh denotes the Fu-Bowels

### Point Names:

He.8 Shao Fu Lesser Mansion

Ki.27 **Shu Fu** Shu Mansion

Lu.1 Zhong Fu Central Mansion

Lu.3 **Tian Fu** Heavenly Mansion Sp.13 **Fu** She Fu Abode

GV.16 Feng Fu Wind Palace

# Fŭ - Bowel

Rou		肉	8089	flesh Radical 130
+	Fŭ	府	5E9C	Government office, building where official documents are consigned, official residence, your home, prefecture
=	Fŭ	腑	8151	Bowels, entrails, internal organs
Medi	icine: Fu –Bowel			

# Fù - Mound, abundant

Fù		阜 961C		Mound, abundant	
	+			-Three steps, the bottom one altered	
	R 961D		961D	-Form when combined with other components	
				Radical #	
Yiı	Yin 陰 9670		9670	Female principle, dark secret	
				See <u>Yin</u>	
Ya	ng	陽 967D		Male principle,	
				See Yang	

### Gān-Liver

Rou	Rou		8089	flesh Radical 130		
		肉		When combined can resemble 月		
+	Gān	干	5E72	Shield, offend, attack		
=	Gān (Kan)	肝	809D	Liver		
Bl.18	Bl.18 Gan Shu Liver Shu					

# Gāo - Ointment

Rou	肉	8089	Flesh, Radical 130 see <u>Rou</u> When combined can resemble 月		
Gao	膏	818F	Grease, fat, paste, ointment		
	Ħ		Note: compare with Dan.		
Point Names	Point Names				
Bl.38(43) <b>Ga</b> o	Bl.38(43) Gao Huang Shu Rich for the Vitals Shu				

# Gŭ - Bone

Rou	肉	8089	flesh Radical #130 see Rou
Gŭ (Ku)	骨	9AA8	Bone, skeleton, frame, framework

#### Point Names:

SI.4 Wan Gu Wrist Bone (Carpal)

GB.12 Wan Gu Final Bone

Bl.64 Jing Gu Capital Bone

Bl.65 **Shu Gu** Bone Binder

Ki.11 **Heng Gu** Transverse Bone (Pubis)

CV.2 Chu Gu Curved Bone (Pubis)

LI.16 Ju Gu Great Bone (Clavicle)

#### Guān - Gate Frontier Pass

Hù		戶	6236	Door, family, household
*2	Mén	門	9580	Gate, door, entrance, opening
+	Guān	絲	7D72	(Phonetic?) Silk, a tiny thing, a thread like thing
=	Guān (Kuan)	弱	95DC	Frontier pass, close relation, to shut, as a gate, to bar, a custom house, a barrier, a suburb, to concern, to belong to, consequences, results.

#### Point Names

Bl.26 Guan Yuan Shu First Gate Shu – see CV.4 First Gate

Bl.41 **Ge Guan** Diaphragm Border

Ki.18 Jiao Xin Stone Border

XB.6 Nei Guan Inner Frontier Gate

SJ.5 Wai Guan Outer Frontier Gate

SJ.1 Guan Chong Rushing the Frontier Gate

GB.3 **Shang Guan** Upper Pass – see St.7 Lower Pass

GB.33 Xi Yang Guan Knee Yang Border

Li.7 Xi Guan Knee Border

St.7 Xia Guan Lower Gate – see GB.3 Upper Pass

St.22 Guan Men Border Gate

St.31 Bi Guan Thigh Border

CV.4 Guan Yuan First Gate

GV.3 Yao Yang Guan Lumbar Yang Border

- mainly in middle of body

## **Guăn – Duct or cavity in body**

Rou		肉	8089	flesh Radical 130
+	Wan	完	5B8C	Intact whole, completion
	Guăn	脘	8118	Internal cavity of stomach, Oesophagus

The character above appears to be substituted (phonetic) for the character below that do	oes not
appear in most dictionaries.	

uppe	ar in most aretione			
+	Guān (Kuan)	官	5B98	Government official, officer, organ
=	Guan	Not available		Duct in body, oesophagus*

### **Point Names**:

CV.13 Shang Wan [Guan] Upper Cavity

CV.12 Zhong Wan [Guan] Middle Cavity

CV.10 Xia Wan [Guan] Lower Cavity

Curiously 管 Guan 7BA1 would actually fit better it means a pipe

CV.10 Xia Guan

CV.12 Zhong Guan

CV.13 Wei Guan

Guāng - Bladder see Bang

		ı			
Rou	肉	8089	flesh Radical 130		
Guang	光	5149	Light, ray, moonlight, sunshine, smooth, glossy		
Guāng (Kuang)	胱	80F1	Bladder		
	טענו		See Pang		
Bl.28 Bang Gua	Bl.28 <b>Bang Guang Shu</b> Bladder Shu				

### Guĭ – Ghost

Jui – C	JIIOSt			
Fú	鱼		7536	Head of a demon
		Щ		See <u>Fu</u>
+	Ren	儿	513F	Legs
=	Guĭ (Kui)	鬼	9B3C	Ghost, demon, phantom

### Point Names:

The Ghost Points

Bl.62 Gui Lu

XB.5 Gui Lu

XB.7 Gui Xin

Lu.5 Gui Tang

**Gui Shou** 

Lu.9 Gui Xin

Lu.11 Gui Dui

LI.10 Gui Xue

LI.11 Gui Chen

Gui Dui

St.6 Gui Lin

SP.1 Gui Lei

Gui Yin

CV.24 Gui Shi

GV.16 Gui GV.22 Gui Men GV.23 Gui Tang Gui Kung GV.26 Gui Kung Gui Shi

Hé – join

 ic jo	t John					
Jí (C	hi)	스	4EBC	Three lines, many gather		
+	Kŏu	П	53E3	Mouth		
=	Hé	合	5408	Combine, unite, join together, to shut the mouth, (classifier of doors, windows, hinges)		

Medicine: The He-Sea points.

Point Names:

LI.4 **He Gu** Joining of the Valleys

Bl.55 **He Yang** Uniting Yang

Jin - Capital

•	<b>L</b>		

**Point Names:** 

GB.25 Capital Gate

Bl.64 Capital Bone

 $\underline{\text{Notes}}$ : both Jin-Capital points are associated directly or indirectly with the Bladder. The Official of the Provinces.

# Hēi

Hēi	黑	9ED1	Black, dark, shady
Medicine: Colour asso	dicine: Colour associated with Water phase		

# Hù - Door

Hù		戶	6236	Door, family, household
Point Names: Bl.37 <b>Po Hu</b> Soul Door				
	Mén	門	9580	Gate, door, entrance, opening Point Names see Men
	Guān (Kuan)	势	95DC	Frontier pass, close relation, to shut, as a gate, to bar, a custom house, a barrier, a suburb, to concern, to belong to, consequences, results.  Point Names see Guan
	Què	闕	95D5	Watchtower on either side of palace gate, imperial palace

		Point Names see Que

Huāng - Heart pit, Vital nerve

Rou	肉	8089	flesh Radical 130 see Rou
Huāng	肓	8093	"heart pit", vital nerve, the very heart, marrow, region between heart and diaphragm

#### Point Names:

Bl.38(43) Gao Huang Shu Rich for the Vitals Shu - Outer Bladder Point of Xin Bao

Bl.46(51) Huang Men Vitals Gate - Outer Bladder Point of San Jiao

B.48(53) Bao Huang Womb and Vitals - Outer Bladder Point of Bladder

Notes: one Huang appears to be associated with an area above the diaphragm, the other with the lower abdomen, dan tian/uterus.

Huáng - Yellow

Huáng	黃	9EC3	Yellow, sallow
Medicine: Colour associates with Earth			

### Huì - meeting

Jí (Chi)		스	4EBC	Three lines, many gather
+	Yún	云	4E91	Say, speak, clouds
=	Huì	会	4F1A	Assembling, gathering, meeting Note: Abreviated form of Hui below.
	Huì	會	6703	Get together, meet, assemble, see, can be able to, be likely to, be sure to, be good at, be skilfull in, meeting, gathering, party, conference, association, society, union, chief city, capital, moment, an opportune moment.

### **Point Names:**

- Bl.35 **Yang Hui** Meeting of Yang note GV.5 in some numberings
- CV.1 **Yin Hui** Meeting of Yin
- SJ.7 Hui Zong Assembly of Ancestors see Zong Qi
- GV.22 Xin Hui Skull Meetings
- GB.2 **Ting Hui** Hearing Assembly
- GB.42 Di Wu Hui Earth Five Meetings
- St.9 Tian Wu Hui Heavenly Five Meetings

### Hún - Spiritual Soul

Fu		由	7536	Head of a demon
+	Yún	云	4E91	vaporous
	Hun	魂	9B42	Soul, spirit

	1	•	•		
$\Lambda / I$	ചപ	1.	$\alpha_1$	n	$_{\alpha}$
M	cu	ч	LΙ	ш	c.

The one of the Five Shen, associated with Wood.

# Point Names:

Bl.18 **Hun Men** Spiritual Soul Gate/Door

# Hŭo - Fire

Нйо	火	706B	Fire, flame, burn, anger, rage
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# Jí – Unite

Jí (Chi)	4EBC Three lines, many gather	
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# Combined with

+	Yún	云	4E91	Say, speak, clouds
=	Huì	会	4F1A	Assembling, gathering, meeting Note: Abreviated form of Hui below.
	Huì	會	6703	Get together, meet, assemble, see, can be able to, be likely to, be sure to, be good at, be skilfull in, meeting, gathering, party, conference, association, society, union, chief city, capital, moment, an opportune moment.  Point Names

# Combined with

+	Kŏu	П	53E3	Mouth
=	Hé	合	5408	Combine, unite, join together, to shut the mouth, (classifier of doors, windows, hinges)  Point Names

# Jī - Mechanism

•				
	Jī	機	6A5F	Machine, engine, aircraft, aeroplane, plane, crucial
		1256		point, pivot, key link, chance, occasion, opportunity,
				orgainic, flexible, quick witted. Mechanism
	Sp.8 <b>Di Ji</b> Earth Mechanism, Earth Motivator			

# Jī Ròu - Flesh

<u> </u>			
Jī	肌	808C	Muscle, flesh (the somatic element rather than its motor function)
Ròu	肉	8089	Flesh, Radical 130 When combined can resemble 月
Medicine: The s	pecific tissi	ue associa	ated with the spleen. Compare with Jin-Sinew.

# Jiāng - thick Fluids

Jiāng	漿	6F3F	Thick fluid, starch, broth
	入		Note would seem to substitute for Ye.

CV.24 Cheng J	iang Recei	ving Flui	d
iāo – Crossing, C	Connection	l	
Jiāo (Chiao)	交	4EA4	To join, to deliver up, to communicate, to copulate, to
			trade, intercourse, friendship.
GB.35 Yang Jia	o Yang Cr	ossing – s	see CV.7
SP.6 San Yin Ji	iao Three Y	in Crossi	ing
CV.7 Yin Jiao Y	Yin Crossir	ng - see C	GB.35
GV.28 Ken Jiao	Gum Cro	ssing	
		-	
iāo - Burner			
Jiāo (Chiao)	焦	7126	Burned, scorched, anxious, vexed
Medicine:			
San Jiao – Trip	le Heater/	Burner	
īn - Fluid			
Jīn (Chin)		6D25	Ferry, saliva, ford, sweat, damp
Jiii (Ciiiii)	津	0D23	Generic: JinYe Body Fluid, saliva
Medicine:			Generic. Jili Te Body Fluid, Saliva
	vory of Pag	ly Eluida	
The Yang Categ	301 y 01 <b>B</b> 00	iy Fiuius.	
īn - Sinew			
Jīn (Chin)	会全	7B4B	Muscle, tendon, sinew, anything resembling a tendon
, , ,	筋		or vein.

Jīn (Chin)	筋	7B4B	Muscle, tendon, sinew, anything resembling a tendon or vein.		
Medicine: The specif associated with Splee		sue associa	ted with the Liver. Note compare with Chi Rou		

# J<u>in – Gold, metal</u>

Jīn	金	91D1	Gold, metals in general, money
Point Names: Bl.63 <b>Jin Men</b> Golde	n Gate		

J<u>īng</u> - Essence

Jīng (Ching)	精 7CBE		Refined, picked, choice, perfect, excellent, meticulous,					
	113		fine, precise, smart, clever and capable, skilled,					
			conversant, proficient, energy, spirit, essence, extract,					
			sperm, semen, seed, goblin, demon					
Medicine:								
Essence divided into	Essence divided into Before Heaven Jing and After Heaven Jing.							
Jing-Shen: generic; essences (yin) and spirits (yang).								
Jiing-Qi:								

Point Names				
CV.1 Jing Tao Jing	ng Path			
ing - Channels				
Jīng (Ching)	經	7D93	Classic	works, pass through, warp (of a fabric)
Medicine: Jing-Mai: (noun- energy. Jing Qi: energy i			of the ser	nse of conduits and the rhythmic function of
Point Names: Lu.8 <b>Jing Qu</b> Ch	annel Gut	ter		
íng – Jing-Well				
Jing	井	4E95	Well	
Medicine Jing-Well, the fir Point Names	st of the F	ive Shu ¡		
Medicine Jing-Well, the fir Point Names SJ.10 Tian Jing	st of the F	ive Shu ¡		
Medicine Jing-Well, the fir Point Names	st of the F	ive Shu ¡		Start, be frightened, surprise, startle, alarm, shy
Medicine Jing-Well, the fir Point Names SJ.10 Tian Jing ing – Fright Jing	st of the F	ive Shu ¡	points.	,
Medicine Jing-Well, the fir Point Names SJ.10 Tian Jing	st of the F	ive Shu ¡	points.	,
Medicine Jing-Well, the fir Point Names SJ.10 Tian Jing ing – Fright Jing u - Nine Jiu	st of the F	ive Shu ¡	points.	shy
Medicine Jing-Well, the fir Point Names SJ.10 Tian Jing Ing – Fright Jing  Tu - Nine	st of the F	ive Shu ¡	points.	Nine, incomplete

Kè
170

Jué

厥

Medicine: The ultimate of the six stages. Jue Yin

	Kè	克	514B	Restrain, subdue, overcome
I	Medicine: Five Eleme	nt see Sheng		

Faint, lose consciousness, fall into a coma

Kòng - Fear

Kòng	恐	6050	Fear, dread, terrify, intimidate
	1		

#### **Ku – Storehouse**

St.14 <b>Ku Fang</b> Storehouse					

#### Lè - Joy

ac gog			
			Drums
	木	6728	tree
Lè	绵	6A02	Happy, Joyful
These drums	ara tha larga dru	me of the ter	mple rother than the drume of nanular music of Vi

These drums are the large drums of the temple, rather than the drums of popular music of Xi.

Lĭ – lane or street or "mile" (about 1/3 of an English mile)

Tian		田	7530	Field
+	T ŭ (T'u)	土	571F	Soil, earth, items made of earth
=	Lĭ	里	91CC	A place or village, an alley with gates, measure of 360 paces (1/3 or mile) i.e. length of a village street

A field combined with Earth. The smallest hamlet of 8 families, cultivating a Ching. By extension the side of a ching (about 1/3 of a mile).

# **Point Names:**

He.5 **Tong Li** Connecting Li (Penetrating Inside)

Li.10 Yin Wu Li Yin Five Li

LI.10 Shou San Li Arm Three Li

LI.13 Yang Wu Li Yang Five Li

St.36 Zu San Li Leg Three Li

CV.11 **Jian Li** Established Li (Strengthen the Interior)

- Yin and Yang Five Li are on upper arm and leg
- Yin and Yang Three Li are on lower arm and leg

### Lián - Ridge

Lián	廉	5EC9	Narrow, to draw together, to collect
	<i>)</i> /TK		Pure, modest; angle, corner, ridge; investigate, examine.

LI.8 Shou Xia Lian Arm Lower Angle

LI.9 Shou Shang Lian Arm Upper Angle

Li.11 Yin Lian Yin Angle

CV.23 **Angle Spring** Angle Spring

- LI and St (Yang Ming) both follow a "ridge" of the arm and leg.

St.37 Zu Shang Lian Leg Upper Angle

# St.39 Zu Xia Lian Arm Lower Angle

#### Liáng – Beam

	Liáng	梁	6881	Beam, a ridgepole, a sleeper, a weir for fishing
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#### Point Names:

St.34 Liang Qiu Beam Mound

St.21 Liang Men Beam Gate

- The image of a weir fits St.34 Xi-Cleft Point

#### Liáo - cleft

+	Gŭ (Ku)	骨	9AA8	Bone, skeleton, character, spirit Point Names see Gu
+	Liáo	翏	7FCF	Wings + flying: to soar.
=	Liáo	髎	9ACE	Cleft of a joint, articulation of bones, hip bone

# Point Names:

- Bl.31 **Shang Liao** Upper Sacral Seam
- Bl.32 Zu Liao Second Sacral Seam
- Bl.33 Chong Liao Middle Sacral Seam
- Bl.34 Xia Liao Lower Sacral Seam
- SJ.14 **Jian Liao** Shoulder Seam
- SJ.15 Tian Liao Heavenly Seam
- SJ.22 **He Liao** Harmony Seam
- GB.1 Tong Zi Liao Orbit Seam
- GB.29 Ju Liao Stationery Seam
- LI.12 **Zhou Liao** Elbow Seam
- LI.19 Kou He Liao Mouth Grain Seam
- St.3 Ju Liao Great Cheek Seam
- GV.25 Su Liao White Seam

#### Líng – spirit, spirited

Líng	靈	9748	Spirit, soul, spiritual world
He.2 Qing Ling Blue	Gree	n Spirit	

He.5 Ling Dao Spirit Path – see GV.11 Shen Dao

GB.18 Cheng Ling Support Spirit

Ki.24 Ling Chu Spirit Burial Ground – see Ki.23

GV.10 Ling Tai Supernatural Tower

- strong connection with Heart

#### Lìu - Six

_	14 01/1			
	Lìu	六	516D	Six

# Lù - Worry

Xīn	心	5FC3	Heart, mind, intelligence, soul
	1,0,		See Xin
Lù	慮	616E	Be concerned, worry about
			See <u>Si</u>
Lù	虑	8651	Simplified - Consider, ponder, think over, anxiety,
	ルい		concern, worry

Lùo - Collaterals, Junction

-	, ,			
	Lùo (Lo)	絡	7D61	Enmesh, wrap around, mesh, net

### Medicine:

1 Generic for the Collateral Vessels

2 The Luo vessels

**Jing-Luo**: *generic*; literally 'warp and weft' channels and collaterals

## Point Names:

SJ.8 San Yang Luo – see SP.6 Three Yin Crossing

SJ.12 Xiao Luo Thawing Luo River

Bl.8 Luo Que Connecting Deficient

Mài - Stirring Vessel

Rou	肉	8089	flesh Radical 130
Mài (Mo)	脈	8108	Blood vessels, veins, arteries, pulse 1) Pulse 2) Conduits

### Medicine:

Mai: Blood Vessels and Pulse

Jing-Mai: Generic of Channels and Vessels. see Jing

### Point Names:

Bl.62 Shen Mai Extended Vessel

GB.26 Dai Mai Girdle Vessel

SJ.18 Qi Mai Feeding Vessel

Li.12 **Ji Mai** Hasty Pulse – on femoral artery

### Mén - Gate/Door

Hù		戶	6236	Door, family, household
*2	Mén	門	9580	Gate, door, entrance, opening

## Point Names:

He.7 Shen Men Spirit Gate

Bl.12 Feng Men Wind Gate

Bl.42 Hun Men Spiritual Soul Gate

Bl.46 Huang Men Vitality Gate

Bl.51 **Yin Men** Prosperous Gate

Bl.63 **Jin Men** Metal Gate

Ki.21 Yun Men Dark Gate

XB.4 Xi Men Gate of Xi

SJ.2 Yeh Men Fluid Gate

SJ.21 Erh Men Ear Gate

GB.25 Jing Men Capital Gate

Li.13 Chi Men Chapter Gate

Lu.2 Yun Men Cloud Gate

St.21 Liang Men Beam Gate

St.22 Kuan Men Border Gate

St.24 **Hua Ju Me**n Slippery Flesh Gate

SP.11 Chi Men Basket Gate

SP.12 **Zhong Men** Rushing Gate

CV.5 Shih Men Stone Gate

GV.4 Ming Men Gate of Life

GV.15 Ya Men Gate of Dumbness

#### Mián - Radical no 40

Miá	n	4	5B80	Roof, radical # 40
+	Yuán	元	5143	First, dollar, origin, head  Medicine: Original Qi, synonymous with innate  Jing  Print Names are Very Printed in Oil
=	Wán	完	5B8C	Point Names see <u>Yuan</u> – Primordial Qi Completion Point Names See <u>Wan</u>

## Ming - life

	Mìng	命	547D	To command, to charge, a decree, commands, orders, fate, destiny, lot, life, living creatures		
Point N	Point Names:					
<b>GV.4</b> N	GV.4 Ming Men Gate of Life					
CV.17	CV.17 Ming Kuan Gate of Life					

# Míng – Bright

+	Rì	日	65E5	Sun, daytime, day, daily, [see Yue – moon]
		Н		Ri Yue Time
				Point Names see Ri
+	Yuè	月	6708	Moon, month
		7		Point Names see Yue
=	Míng	明	660E	Bright, brilliant, clear, distinct, open, overt, explicit,
		773		sharp eyed, clear sighted, next, sight, know, understand.
				Note: early form of character had window and moon.
1/1.1	isina. Vana Mina	- D.		of Vone (Vone within Vin)

Medicine: Yang Ming – Brightness of Yang (Yang within Yin)

Point Name:

Compare also GB.24 Ri Yue Sun and Moon.

Bl.1 **Jing Ming** Eyes Bright

GB.37 **Guang Ming** Bright and Clear

#### Mù - Collect

Mù	募	52DF	Raise, collect, enlist
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# Point Name:

Originally a description of a type of point.

Lu.1 Fei Mu Lung Mu

GB.24 **Tan Mu** Gall Bladder Mu

GB.25 **Shen Mu** Kidney Mu

St.25 Da Chang Mu Large Intestine Mu

Li.13 **Pi Mu** Spleen Mu

Li.14 Gan Mu Liver Mu

CV.3 Pang Guang Mu Bladder Mu

CV.4 Xiao Chang Mu Small Intestine Mu

CV.5 San Jiao Mu San Jiao Mu

CV.12 Wei Mu Stomach Mu

CV.14 Xin Mu Heart Mu

#### Mù - Tree/Wood

<b>本</b> 1720 1766, Wood, Tamber, Wooden	Mù	木	6728	Tree, wood, lumber, wooden
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#### Nì

Nì	逆	9006	Movement against, counter, inverse, converse			
Medicine: Su Wen ch. 65 Counteracting and Following treatment seems to give translators						

more trouble. It could suggest "Attack" and "Support" "Tonification" and "Dispersion". Even Allopathic and Homeopathic! See Cong

Nù - Anger

Xīn		5FC3	Heart, mind, intelligence, soul Radical #	
+				slave
=	Nù	怒	6012	Anger, in a rage, furious
		恍	604D	simplified

Páng – Bladder (see Guang)

Rou	肉	8089	flesh Radical 130
Pang	旁	65C1	Above, and sides

Páng	膀	8180	(flesh on the side) Bladder See Guang
Bl. Pang Guang Shu Bladder Shu			

# Pí – Spleen

Ròu	肉	8089	Flesh, Radical 130
			When combined can resemble 月
Bi Bei	卑	5351	Low, low lying and damp, base, depraved, base, lower, inferior, amoral
			Etymology: a drinking pot for everyday use, as opposed to a sacrificial vessel. In other words ordinary, everyday, 'Earthly' as opposed to Heavenly.
Pí	脾	813E	Spleen

<u>Comments</u>: Many European transliterations chose Spleen/Pancreas. It is of note that illustrations of the 'spleen' in ancient Chinese books look more like the pancreas.

## **Point Names**:

Bl.21 **Pi Shu** Spleen Shu

Pò - Corporeal Soul

Fú		由	7537	Head of a demon
+	Bái	白	767D	Sun, white, pure unblemished, light
=	Pò	魄	9B44	Vigor, body, dark part of moon

### Medicine:

The one of the Five Shen attributed to Metal. Originally referred to semen, (hence the white). Thus has a close relationship to Jing. Po is associated with Metal the mother of Water (Jing). Just as Hun is associated with Wood the mother of Fire (shen).

#### Point Names:

Connected with Lung

Bl.13 **Po Hu** Corporeal Soul Door

Qì- Breaths, Energy, Vapour

Qì		气	6C14	Air, steam, vapour Radical 84
+	Mĭ	米	737C	Hulled or husked uncooked rice
=	Qì	氣	6C23	Air, gas, steam, vapor, spirit

<u>Comments:</u> The translation 'Energy' is a modernism, the more literal original is 'breaths'.

#### Point Names:

Bl.24 **Qi Hai Shu** – see CV.6 St.11 **Qi She** Qi Cottaee St.13 **Qi Hu** Qi Door St.30 **Qi Chong** Qi Rushing (Point of Chong Mai) CV.6 **Qi Hai** Sea of Qi

CV.17 **Shang Qi Hai** Upper Sea of Qi

### Oī - Seven

Qī t	4E03	Seven, -One crossed by a curved line, suggesting imperfection, i.e. short of 10.
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## Qiān - One Thousand

Qiān	千	5343	One thousand, very, many, numerous
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# Qíng - Emotions/Affects

Xīn		心	5FC3	Heart, mind, intelligence, soul Radical # See Xin
+	Qīng	青	9752	Green, blue, color of living things glossy, black
=	Qíng	情	60C5	Feelings, affection, sentiment, favour, kindness, situation, condition

# Qīng – Green-Blue (cyan)

Qīng	青	9752	Green, blue, color of living things glossy, black	
Point Names				
He.2 Qing Ling Blue-Green Spirit				

# Qū – Crook

<u> </u>						
Qū	曲	66F2	Bent, crooked, wrong, unjustifiable, bend (of a river)			
			etc.			
Point Names:						
SI.13 Qu Yuan Croo	ked W	Vall				
Bl.4 <b>Qu Chai</b> Crooke	ed Cu	rve				
GB.7 Qu Bin Tempo	ral Ha	airline Cu	rve			
Li.8 <b>Qu Quan</b> Spring	Li.8 Qu Quan Spring at the Crook					
Lil11 Qu Chi Pool at	Lil11 <b>Qu Chi</b> Pool at the Crook					
CV.2 Qu Gu Crooke	d Bon	e (Pubis)				
Ki.17 Shang Qu Shang Bend						
XB.3 Qu Ze Marsh a	XB.3 Qu Ze Marsh at the Crook					
- Mostly lie at the ber	nd of a	arm or leg				

# **Què – Fortified Gate**

Hù		戶	6236	Door, family, household
*2	Mén	門	9580	Gate, door, entrance, opening Point Names see Men
+	Quē	缺		Be short of, lack of
=	Què	闕	95D5	Watchtower on either side of palace gate, imperial palace

Point Names: CV.8 **Shen Que** Spirit Gateway CV.14 **Zhu Que** Great Gateway

# Rén – Human

Rén (Jen)	人	4EBA	(Hu)man(ity), Human, person, people		
St.9 Ren Ying People Welcome					
GV.26 <b>Ren Chong</b> Middle of Man					

# Rì – Sun

+	Rì	日	65E5	Sun, daytime, day, daily, [see Yue – moon] <b>Ri Yue</b> Time		
Poin	Point Names:					
GB.2	GB.24 Ri Yue Sun & Moon (Time)					

# Ròu - Flesh

Ròu	肉	8089	Flesh, Radical 130
	P		When combined can resemble 月
Bāo	胞	80DE	Uterus, afterbirth
	טנו		See <u>Bao-Uterus</u>
Chang	腸	8178	Intestine
Dăn	膻	81BB	Niche or shrine [Lat. Atrium, central court]
			Medicine: Dan Zhong (refers to Xin Bao) see Dan
Dăn (Tan)	膽	81BD	Gall-bladder
	川青		See <u>Dan-Gall Bladder</u>
Fei	肺	80BA	Lungs
	יוית		See <u>Fei-Lungs</u>
Fŭ	腑	8151	Bowels, entrails, internal organs
	נועו		See <u>Fu-Bowels</u>
Gān (Kan)	肝	809D	Liver
	ואו		See <u>Gan-Liver</u>
Gao	膏	818F	Grease, fat, paste, ointment
			See Gao
Ge (Ko)	膈	8188	Diaphragm
	川州		Point Names

Gŭ (Ku)	骨	9AA8	Bone, skeleton, frame, framework see Gu
Guăn	脘	8118	Internal cavity of stomach, Oesophagus
	ואנו		See Guan
Guang	胱	80F1	Bladder
(Kuang)	טענו		See Bang Guang
Huāng	肓	8093	"heart pit", vital nerve, the very heart, marrow,
	F		region between heart and diaphragm
			Point Names see <u>Huang</u>
Jīan (Chien)	肩	80A9	shoulder
Mai (Mo)	脈	8108	Blood vessels, veins, arteries, pulse
	אומ		2) Pulse 2) Conduits
			Jing-Mai: see Jing
			Point Names see Mai
Năo	腦	8166	Brain
Păng (Pang)	膀	8180	(flesh on the side) Bladder
	劢方		Point Names see Pang Guang
Pí	脾	813E	Spleen
	/J <del>*</del> +		See <u>Pi-Spleen</u>
Shèn	腎	814E	Kidney, testicle
	F		See <u>Shen-Kidney</u>
Shū	腧	8167	Transport
	האנו		Point Names see Shu
Wàn	腕	8155	Flesh that bends, wrist
Wèi	胃	80C3	Stomach
	<b>=</b>		See Wei-Stomach
Yāo	腰	8170	The loins, the waist
Ying	膺	81BA	Breast, self, office, to oppose
	/月		Point Names
Zàng	臟	81DF	Internal organs,
	<b>川川以</b>		See Zang-viscera

### Rŭ - Breast

_	u Dieuse			
	Rŭ (Yu)	乳	4E73	Breast, milk, newborn animal, suckling

# Point Names:

All on the breast

St.17 **Ru Zhong** Center of the Breast St.18 **Ru Gen** Root of the Breast

Compare with: Ying. Ru appears to be more anatomical, Ying more metaphorical.

# Sān – three

Sān	Ξ	4E09	Three, three powers

Medicine: San Jiao

Point Names:

LI.3 San Jian Third Interval – third point on LI channel, see LI.2 Er Jian

LI.10 Shou San Li Arm Three Li

St.36 Zu San Li Leg Three Li

SJ.8 San Yang Luo Three Yang Junction

SP.6 San Yin Jiao Three Yin Crossing

Shén - Spirit, Soul

Shēn		申	7533	To state to a superior, report, 9 <sup>th</sup> terrestrial branch [Simliar to Gui]
+	Shén	示	793A	Show, manifest, demonstrate
=	Shén	神	795E	Spirit, god, supernatural being

## Medicine:

Generic for the spiritual faculties

One of the Five Shen specific to the Heart.

# Point Names:

Several have strong connection with Heart

He.7 Shen Men Spirit Gate

Bl.44(39) **Shen Tang** Spirit Hall – outer bladder line of Heart Shu

GB.13 **Pei Shen** Root Spirit

Ki.23 Shen Feng Spirit Seal – see Ki.24

Ki.25 Shen Zang Spirit Storehouse

CV.8 Shen Que Spirit Shrine

GV.24 **Shen Ting** Spirit Hall

GV.11 **Shen Dao** Spirit Path – level with Heart Shu, see He.5 Ling Dao

## Shèn - Kidney

Rou		肉	8089	flesh Radical 130	
+	Chen	臣	81E3	Subject, servant, minister, official	
+	You	又	53C8	Right hand - Indicating repetition or continuation	
=	Shèn	腎	814E	Kidney, testicle	
Bl.23 She	Bl.23 Shen Shu Kidney Shu				

Shēn – body, personality

Shēn	身	8EAB	Body, trunk, hull, self
Similar concept to Co	orpore	al Soul	

# Point Names:

# **GV.13 Shen Zhu** Body Pillar

Shēng - produce

Shēng	生	751F	Give birth to, produce, bear	
Five Elements: production cycle see Ke.				

#### Shí - Ten

Shí	+	5341	Ten, perfect
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#### Shí Full

Shí	實	5BE6	Full, Solid, True, replete See Xu-Empty	
	实	5B9E	Simplified	
Medicine: Full See Xu - Empty				

Shū (Yu) – transport

Rou		肉	8089	flesh Radical 130
+	Shū (Yu)	俞	4FDE	Conveying
=	Shū	腧	8167	Transport

#### Medicine

- 1. Name for every kind of point
- 2. Specific Back-Shu
- 3. Wu Shu Five Ancient Points
- 4. The third of the five, Shu-Stream points

# Point Names:

- SI.10 Nao Shu Shoulder Blade Shu
- Sl.14 Jian Wai Shu Outside of Shoulder Shu
- SI.15 Jian Zhong Shu Middle of Shoulder Shu
- Bl.13 Fei Shu Lungs Shu
- Bl.14 **Jue Yin Shu** Jue Yin Shu
- Bl.15 Xin Shu Heart Shu
- Bl.16 **Du Shu** Governor Shu
- Bl.17 **Ge Shu** Diaphragm Shu
- Bl.18 Gan Shu Liver Shu
- Bl.19 **Dan Shu** Gall Bladder Shu
- Bl.20 Pi Shu Spleen Shu
- Bl.21 Wei Shu Stomach Shu
- Bl.22 San Jiao Shu
- Bl.23 Shen Shu Kidney Shu
- Bl.24 **Qi Hai Shu** Sea of Qi Shu

Bl.25 Dan Cha	ng Shu Lar	ge Intestine Shu
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Bl.26 Yuan Guan Shu First Gate Shu

Bl.27 Xiao Chang Shu Small Intestine Shu

Bl.28 Bang Guang Shu Bladder Shu

Bl.29 **Zhong Lu Shu** Middle of Back Shu

Bl.30 Bai Huan Shu White Ring Shu

Bl.38(43) Gao Huang Shu

Ki.16 Huang Shu Vitals Shu

Ki.27 Shu Fu Shu Storehouse

Ki.15 **Zhong Zhu** Shoulder Bone Shu

GV.2 Lumbar Shu

Bl.11 **Pei Shu** Back Shu

# Shuĭ - Water

Shuĭ	水	6C34	Water, liquid, lotion, juice			
Point Names:						
Ki.5 Shui Quan Water Spring						
St.10 Shui Tu Water Prominence						
St.28 Shui Tao Water Path						
CV 9 Shui Fen Water Divider						

#### Shùn

Shùn	順	9806	In the direction of, along, go downstream		
Medicine: appears in conjunction with ni in some passages.					
Also seen Ni and Cong (flow and counter-flow)					

# Sì (Szu) – Four

Sì	四四	56DB	Four, all around		
Point Names:					
St.2 Si Bai Four Whites					
SJ.9 Si Di Four Gutters					
Ki.14 <b>Si Man</b> Four Fu	all				

# Sī (Szu)

Xīn		心	5FC3	Heart, mind, intelligence, soul
		,D,		See Xin
+	xin	囟		Skull with brain inside.
				Written as 田
=	Sī	思		Think, consider, long for, train of thought.

#### Medicine

Emotion associated with Earth-Spleen, usually considered to mean, over-thinking, obsessional- thought.

#### Sŭi - Marrow

Gŭ		骨	9AA8	Bone
+	Dùo	隓	9693	Besiege, destroy
	Gŭ	肉	8089	Flesh, Radical 130 see <u>Rou</u> When combined can resemble 月
	Dùo Súi	隋		Meat scraps
=	Sŭi	髓	9AD3	Marrow, spinal marrow or cord

Medicine: primordial substance, precursor to Bone Marrow.

Gu Sui: Bone Marrow

#### Tiān – Heaven

Tiān (Tien) 天	5929	Heaven, Sky, heaven, god, celestial
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### Point Names:

mainly in upper body

- SI.11 Tian Zong Heavenly Ancestor same Zong as Zong Qi, at same level as CV.17
- SI.16 **Tian Chuang** Heavenly Window
- SI.17 Tian Rong Heavenly Appearance
- Bl.7 **Tong Tian** Penetrate Heaven
- Bl.10 **Tian Zhu** Heavenly Pillar
- XB.1 Tian Chi Heavenly Pond
- XB.2 **Tian Quan** Heavenly Spring
- SJ.10 **Tian Jing** Heavenly Well
- SJ.15 **Tian Liao** Heavenly Crevice/Seam
- SJ.16 **Tian You** Window of Heaven
- GB.9 **Tian Chong** Heavenly Rushing
- Lu.3 **Tian Fu** Heavenly Palace
- LI.17 **Tian Ting** Heavenly Crucible
- St.25 **Tian Shu** Heavenly Pivot
- SP.18 Tian Xi Heavenly Stream
- CV.22 **Tian Tu** Heavenly Prominence
- St.9 **Tian Wu Hui** Heavenly Five Meetings compare with St.43 Earthly Five Meetings
- Bl.7 Tian Bai Heavenly White
- Bl.7 Tian Bo Heavenly Land

Tíng – Hall/Courtyard

+	Yăn		广	5E7F	Roof, [half a room or a shelter]
+	+	Yin	廴	5EF4	Stride, stand
	+	Ren	人		Person on ground.

		Tu Cheng	土	58EC	Note: Similar to Wang $\pm$ 738B king, prince, grand, great, one who connects, heaven earth and humanity
	=	Ting	廷	5EF7	The court of a feudal ruler, the seat of a monarchical government
=	Tíng		庭	5EAD	Front courtyard, front yard, law court

# Point Names:

CV.16 Chong Ting Middle Courtyard – approaching the royal palace

GV.24 Shen Ting Spirit Courtyard

# Tŭ - Earth/Soil

Tŭ (T'u)		土	571F	Soil, earth, items made of earth Radical #
Di (Ti) 地 5730		5730	The Earth, soil, ground, region See <u>Di</u>	

# Wan - 10,000

Wàn	卍 (alt) 卐	534D, 5350	10,000, Buddha's Heart
Wàn	萬	842C	10, 000, Myriad

# Wèi - Stomach

Rou		肉	8089	flesh Radical 130	
+	Tian	田	7530	Field, cultivated See Li	
=	Wèi	胃	80C3	Stomach	
B1.4.	Bl.4. Wei Cang Stomach Granary				

# Wú - Without

Wú	無	7121	Negative, no, lack
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# $W\check{u}$ – Five

Wŭ	五	4E94	Five, a perfect number
Doint Names			

#### <u>Point Names</u>:

GB.27 Wu Shu Five Pivots

LI.13 Yang Wu Li Arm Five Li

Li.10 **Yin Wu Li** Leg Five Li

Bl.5 Wu Chu Five Places

### Xi - Cleft

Xī	郄	90C4	Cleft of a joint or crevice	
Yì	乂	4E42	Govern, control, manage, nurture	
			Mowing grass	
			-Lines cutting left and right	
Xi	么	4E48	Attach, connect, fasten	
Yāo		do	Small, surname, one, small insignificant	
			-Foetus or newborn child	
	厷	53B7	forearm	
Yao	줎	20AE4		
Fù	阜		Mound, abundant	
	ᆂ		-Three steps, the bottom one altered	
(Similar to) Xì	隙	9699	Wall, Hill, Crevice, Fisure	

Medicine:

Xi-Cleft Points

# Point Names:

Bl.38(52) Fu Xi Floating Reserve

He.6 **Yin Xi** Yin Reserve

XB.4 Xi Men Gate of Qi Reserve

The last two are Xi-Cleft points

# Secondary Point Names

Sp.10 Xue Xi Blood Reserve

Bl.36 rou xi Flesh Cleft

Bl.36 pi xi Skin Cleft

Bl.40(54) Xue Xi Blood Cleft

Bl.40(54) Zhong Xi Central Cleft

Bl.40(54) Xi Zhong Cleft Center

### Xĭ (Hsi) – elation, pleasure

(1251) VIWIOII) PIVWOII V				
	П	53E3	mouth	
	壴	58F4	drum	
Xĭ (Hsi)	喜	559C	Happy, pleased, like, be fond of, happy event, pregnancy.	
Compare with Le–Joy.				

### $X_{\bar{1}}$

Yán 🗎		8A01	'crime of the mouth' Speech, words		
		Xĭ (Hsi)	喜	559C	Happy, pleased, like, be fond of, happy event,
			Ι		pregnancy.

=	Xī	譆	8B46	'speech Scream, oh (denoting fright).
Point Names Bl.45(40) Yi Xi 'that's it'				

# Xīn - Heart

Xīn	心 SFC3		5FC3	Heart, mind, intelligence, soul Radical #			
Point Names Bl.15 Xin Shu Heart Shu							
Xin Heart-Mine	Xin Heart-Mind is a component of many other characters to do with emotions.						
Yì	意	610F	Thoug	Thought, idea, opinion, think			
Yì (I)	憶	61B6		Intent, remember, reflect upon, memory See Yi			
Zhì (Chi)	志	5FD7	-	Purpose, will, determination, ambition See Zhi			
You	憂	6182		Sad, grieved, grief, melancholy, Worry, Anxiety, See You			
Yōu	懮	61EE	Perha	Worry, Anxiety Perhaps a developed character of above to distinguish from Grief.			
Bei	悲	60B2	· ·	Sad, sorrowful, melancholy See Bei			
Lu	虑	8651		Consider, ponder, think over, anxiety, concern, worry see <u>Lu</u>			
Qíng	情	60C5		ngs, affection, sentiment, favour, kindness, ion, condition See Qing			

# Xū – Vacuity

Xū	虚	865B	Empty, void, unoccupied, false, timid, weak, in poor health, to
	) JEE		no avail, in vain

# Medicine:

One of the Eight Principal Parameters. Vacuity, Empty, Deficiency See Shi-Full

# **Point Names:**

St.37 Xia Ju Xu Lower Great Void

St.39 Shang Ju Xu Upper Great Void

Both lower He-Sea (of SI and LI) points on Yang Ming Channel.

# Xuè - Blood

Xuè (Hsueh)	血	8840	Blood, radical no 143			
Sp.10 Xue Hai Sea of Blood						

Bl.36(54) **Xue Xi** Blood Cleft

SP.10 Xue Xi Blood Cleft

CV.4 Xue Hai Sea of Blood

CV.4 Xue Shi Blood Chamber

## Xuè

Xuè	穴	7A74	Hole in the earth, cellar,		
			Acupuncture point		
Medicine: Acupuncture point					

#### Yáng

Fù 阜			Mound, abundant -Three steps, the bottom one altered See Fu	
=	Yáng	陽	967D	-Sunny side of a hill
		阳	9633	Simplified modern

### **Point Names:**

- SI.5 Yang Gu Yang Valley see Ki.10 Yin Gu
- Bl.35 Hui Yang Meeting of Yang see CV.1 Hui Yin
- Bl.43 **Yang Kang** Yang Essentials
- Bl.53 Wei Yang Equilibrium Yang
- Bl.55 **He Yang** Uniting Yang
- Bl.59 Fu Yang Instep Yang
- SJ.4 Yang Chi Yang Pond
- SJ.8 San Yang Luo Three Yang Luo see Sp.6 San Yin Jiao
- GB.14 Yang Bai Yang White
- GB.33 Xi Yang Guan Knee Yang Border
- GB.34 Yang Ling Quan Yang Mound Spring see Sp.8 Yin Ling Quan
- GB.38 Yang Fu Yang Support
- LI.1 Yang Chi Yang Stream
- LI.5 Yang Xi Yang Ravine
- ST.42 Chong Yang Rushing Yang
- GV.3 Yao Yang Guan Lumbar Yang Border

All lie on Yang Channels

# Yì Ye - (Yeh) Thin Fluid, Humor

Yè Yì	液	6DB2	Fluid, humour, juice, sap. <u>Generic</u> : Jin-Yeh, thin and thick fluids
Medicine: The Thin (Yin) Flui	ds.		
Point Names:			

# SJ.2 Yi Men Fluid Secretion Gate

Yì (I4)- Thought

Xīn			心	5FC3	Heart, mind, intelligence, soul
+	+	Yin	音	97F3	Sound
	=	Yì	意	610F	Thought, idea, opinion, think

# Medicine:

The one of the Five Shen associated with the Spleen.

# **Point Names:**

Bl.44 Yi She Thought Dwelling – outer Bladder line of Spleen Shu

Connected with Spleen

Yì – intent, memory

_	 			
	Yì (l)	憶	61B6	Intent, remember, reflect upon, recall, memory
	, ,			Compare with Yi - thought

# Yī (I) - One

Yī (I)		4E00	One, unity
11(1)	<b>—</b>	4L00	, ,
			Note: in point names Yi – second heavenly stem
			is substituted

# Yī - 'exclamation'

Yán		言	8A01	'crime of the mouth'
		<b>P</b>		Speech, words
+	Yì	意	610F	'sound from the heart'
		洒		Meaning, idea, intention, surprise
=	Yī	譩	8B69	No definition given

# Point Names

Bl.45(40) Yi Xi 'Cry of Pain' is questioned 'that's it' or a cry of assent would appear to be possible meaning.

### Yĭ (I )- Oneness

Yĭ (I)	Z	4E59	Second Heavenly Stem, One, unity		
Point Names: St.23 <b>Tai Yi</b> Great Oneness					

### Yĭn

Fù	É	Mound, abundant
	+	-Three steps, the bottom one altered See <u>Fu</u>

=	Yĭn	陰	9670	Female principle, dark secret, genitals
		阴	9634	Simplified modern

He.6 Yin Xi Yin Cleft

Bl.67\* **Zhi Yin** Extremity of Yin

Ki.10 Yin Gu Yin Valley – see SI.5 Yang Gu

Ki.19 Yin Tu Yin Capital

GB.11\* Tou Qiao Yin Head Hole Yin

GB.44\* Tzu Qiao Yin Foot Hole Yin

Li.9 **Yin Bao** Yin Wrapping

Li.11 Yin Liao Yin Angle

Sp.6 San Yin Jiao Three Yin Crossing

CV.1 **Hui Yin** Meeting of Yin

CV.7 Yin Jiao Yin Crossing

Most points lie on Yin channels - \* exceptions

Also can refer to female genital region

#### Yìn - Seal

Yìn	印	5370	Seal, stamp, chop, affix ones seal.			
Point Names						
CV.24.5 <b>Yin Tang</b> Seal Palace						

# Yīng - Breast

Rou	肉	8089	flesh Radical 130 see Rou
Yīng	膺	81BA	Breast, bear, receive

### Point Names:

St.16 **Ying Chuang** Breast Window

Refers anatomically to the front of the chest and also the residence of the emotions.

Yīng – Spring

	滎	6ECE	Rising and dashing of waves			
Medicine The Ying-Spring point of the Five Shu						

# Yōu - Worry/Oppression

Xīn	心	5FC3	Heart, mind, intelligence, soul see Xin

+		頁		Head
+		夊	590A	Walk slowly
				-Person 人 with mark suggesting shackles
=	Yōu	憂	6182	Worried, Anxious, Sad, mournful, grieved, grief,
		乏		melancholy, worry about,
		忧	5FE7	Simplified – worried, anxious
	Yōu	懮	61EE	Worry, Anxiety
		反		Perhaps a developed character to distinguish from Grief.

<sup>-</sup>Walk slowly with troubled head.

#### Medicine

The emotion associated with Earth as Concern/Worry/Anxiety. Or Metal-Lung. It appears to be sometimes translated as Grief but seems to be more associated with worry.

**Yù – region, territory** 

Hùo Yù	· ·	或	6216	Region, territory
+	Tŭ	土	571F	Earth – see Tu Earth
=	Yù	域	57DF	Region, territory

Comment: The character Yu appears to be a redundancy, but is given as the name of Ki.26 Grasping the wind suggests that this may be a miss-transcription. See <u>Yu</u> - below Point Names:

Ki.26 Yù Zhong 'In our Territory'

Yù – elegance, cultured, flourishing

Sha	n	乡	5F61	Radical 59 – Bristle, hair			
+	Yi	せ	5FOB	Stake, arrow, shoot			
=	Yù	彧	5F67	Elegance, refined, cultured, patterned			

Comment: The correct character for Ki.26.

Point Names:

Ki.26 Yu Zhong Amidst Elegance

Compare with

CV.20 Hua Gai Magnificent Cover/Canopy

Yuán – Source, Original

Yuán	原	539F	Primary, original, former, unprocessed, raw, excuse,			
	1/2/		pardon, open country.			
Medicine:						
-Active part of Yuan-Primordial Qi						
-Yuan-Source Points.						

Yuán - Primordial, Original

37 /		£1.40	T' ( 1 11 ' ' ' ' 1 1 C ' ' ' 1 1 1 '
Yuán	=	5143	First, dollar, origin, primary, chief, principal, basic,
	ノし		
			fundamental, element, head.

Note: This and Yuan above were originally same character

Medicine:

Primordial/Original Qi, synonymous with innate Jing

**Point Names**:

CV.4 Guan Yuan First Gate

Bl.26 Guan Yuan Shu First Gate Shu

#### Yuè – Moon (see Ri – Sun)

Yuè	月	6708	Moon, month

#### Point Names:

GB.24 Ri Yue Sun & Moon (Time)

Sun and Moon refer to the right and left eyes and by extension to the right and left side of the body. It is appropriately associated with the Gall Bladder Channel that is associated with coordination of the right and left sides and thus one sided symptomatology. The characters together have the extended meaning of time. It is also interesting that time appears as a factor in the names of two Liver Points: Li.13 and Li.14.

Zàng - Viscera

Rou		肉	8089	flesh Radical 130		
+	Cáng	藏	85CF	Hide, conceal, hoard, store up  Medicine: twelve officials Combines with "flesh" to form Zang Point Names see Cang		
	Zàng	Same	same	Storing place, depository, Buddhist, or Taoist scriptures.		
=	Zàng	臓	81DF	Internal organs,		
Medi	Medicine: Zang – Viscera					

Zhāng - Chapter

Zhāng	章	7AE0	Section, chapter, order, rules, regulation, constitution, seal, stamp, badge, medal				
Point Names Li.13 Zhang Me	1, 5,						

#### Zhī

Zhī	之	4E4C	Plant rising from the ground. [used as object]

### Zhì - Will

Xīn		心	5FC3	Heart, mind, intelligence, soul Point Names see Xin
+	Shì	±	58EB	Scholar, gentlemen, soldier
=	Zhì (Chi)	志	5FD7	Purpose, will, determination, ambition Point Names

#### Medicine:

The Zhi-Will is the one of the Five Shen that is stored in the Kidney.

Five Zhi Wills: refers to Five Primary Emotions

#### Point Names:

Bl.52(47) Zhi Shi Will Chamber – outer Bladder line of Kidney Shu

Zhì – Intelligence

Zhì	智	667A	Wisdom, intelligence, wit
Compare with Zhi-Wi	.11	•	

### Zhong - Middle

Zhōng (Chong)	7	4E2D	Centre, middle, in, among, between two extremes,
			medium, China

# Point Names:

Centrality is associated with the Earth Phase and so also with points associated with Earth.

Bl.29 Zhong Lu Shu Middle of the Back Shu

Bl.54(40) Wei Zhong Bend Middle

Ki.26 Yu Zhong Lively Center/Amidst Elegance

XB.9 **Zhong Chong** Rushing Middle

GB.32 Zhong Du Middle Ditch

Li.4 Zhong Feng Middle Seal

Li.6 Zhong Du Central Capital

Lu.1 Zhong Fu Central Palace

St.17 Ru Zhong Breast Centre

CV.3 Zhong Ji Central Pole/Utmost Middle

CV.12 **Zhong Guan** Middle Duct/Cavity Front Mu of St (Earth Phase)

CV.16 Zhong Ting Middle Courtyard

CV.17 Dan Zhong Chest Centre

GV.7 **Zhong Shu** Middle Pivot

#### Zhū

Ziiu	₹ 6731	Red, Vermillion
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Medicine: Colour of Fire Phase

## **Zong - Ancestor**

Zōng (Tsung)	宗	5B97	School, sect, lineage, ancestor, ancestry, clan
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<u>Comments</u>: Zong refers to the temple of the ancestors and the immediate ancestor rather than the Dynastic founder. The latter ties in with its ambivalent position of Zong Qi in relation to Before Heaven and After Heaven Qi.

# Medicine:

Zong Qi - Gathering Qi, Ancestral Qi. Modern TCM avoids the latter translation because of the association with Before Heaven Qi. Zong Qi is at the transition from Before Heaven Qi to After Heaven Qi.

### **Point Names**:

- SI.11 **Tian Zong** Heavenly Ancestor level with He Shu and CV.17 the center of the Zong Qi
- SJ.7 **Hui Zong** Assembly of Ancestors