

## Glossary

Classical Acupuncture	Theory and practice that makes greater reference to the “Classic” period and its texts. Nei Jing, Nan Jing, Mai Jing. Mainly distinguished from Chinese Medicine after the Shang Hun Lun period
Traditional Acupuncture	Worsley spoke of Traditional Acupuncture to distinguish it from a more formulaic or disease oriented approach. The mainland Chinese form of acupuncture became generally known as Traditional Chinese Medicine and the terms can often be confusing to people.
Traditional Chinese Medicine (TCM)	The traditional medicine (as opposed to Western Medicine) as practiced in modern China. Systematized, simplified and herbalized are all words that can be used to describe this.
Traditional Oriental Medicine	The traditional medicine of China, Korea, Taiwan, Hong Kong, Japan. That are all predominantly derived from China, but have not been subject to the standardization of modern TCM. Although “Asian” is preferred to many rather than “Oriental” it would include Indian traditions that are distinct.
Dan Zhong	In Chapter 8 of the Su Wen this is the name for the Xin Bao Luo. Platform Middle. Dan refers to the Altar mound of the Taoists. The name of CV.17 although this is often referred to by its secondary name a reference to the center of the chest Xiong Tang
Xin Zhu Zong Qi	Heart Governor or Heart Master alternate name for Xin Bao Luo 1. Product of Ta Qi and Gu Qi, expressing itself in the cardiac and respiratory rhythm. TCM “Chest Qi” 2. The innate capacity for the above
Circulation/Sex	Name given in European texts to a function that is known as Pericardium in modern texts. See Xin Bao Luo, Dan Zhong, Xin Zhu

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